

FRANCHISE DISCLOSURE DOCUMENT



Iron Tribe Franchise, LLC 300 27th Street South Birmingham, Alabama 35233 (205) 226-8669 www.irontribefitness.com

We franchise the right to operate Iron Tribe Fitness training facilities (each, a "Facility" or "Franchised Business") focused on providing a group oriented fitness and workout Facility using the Iron Tribe Fitness business system.

The total investment necessary to begin operation of an Iron Tribe Fitness franchise is \$300,000 to \$433,500. This includes an initial franchise fee of \$42,000 that must be paid to us.

We offer qualified individuals the right to own and operate multiple Facilities in a designated development area by entering into a Multi-Unit Development Agreement ("MDA"). The total initial investment necessary to begin operating under the MDA will vary depending on the number of Facilities to be opened in your designated area (a "Development Area"). The total estimated initial investment for three Facilities ranges from \$325,000 to \$458,500, which includes \$67,000 you must pay to us or our affiliates.

This disclosure document summarizes certain provisions of your franchise agreement and other information in plain English. Read this disclosure document and all accompanying agreements carefully. You must receive this disclosure document at least 14 calendar days before you sign a binding agreement with, or make any payment to, us in connection with the proposed franchise sale. **Note, however, that no governmental agency has verified the information contained in this document.**

You may wish to receive your disclosure document in another format that is more convenient for you. To discuss the availability of disclosure in different formats, contact Forrest Walden at 300 27th Street South, Birmingham, Alabama 35233, local (205) 226-8669, toll free (855) 226-8699.

The terms of your contract will govern your franchise relationship. Don't rely on the disclosure document alone to understand your contract. Read your entire contract carefully. Show your contract and this disclosure document to an advisor, like a lawyer or an accountant.

Buying a franchise is a complex investment. The information in this disclosure document can help you make up your mind. More information on franchising, such as "A Consumer's Guide to Buying a Franchise," which can help you understand how to use this disclosure document, is available from the Federal Trade Commission. You can contact the FTC at 1-877-FTC-HELP or by writing to the FTC at 600 Pennsylvania Avenue NW, Washington, D.C. 20580. You can also



visit the FTC's home page at www.ftc.gov for additional information. Call your state agency or visit your public library for other sources of information on franchising.

There may also be laws on franchising in your state. Ask your state agencies about them.

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How to Use This Franchise Disclosure Document

Here are some questions you may be asking about buying a franchise and tips on how to find more information:

QUESTION	WHERE TO FIND INFORMATION
How much can I earn?	Item 19 may give you information about
	outlet sales, costs, profits or losses. You
	should also try to obtain this information
	from others, like current and former
	franchisees. You can find their names and
	contact information in Item 20 or Exhibit C.
How much will I need to invest?	Item 5 and 6 list fees you will be paying to
	the franchisor or at the franchisor's
	direction. Item 7 lists the initial investment
	to open. Item 8 describes the suppliers you
	must use.
Does the franchisor have the financial	Item 21 or Exhibit B includes financial
ability to provide support to my business?	statements. Review these statements
	carefully.
Is the franchise system stable, growing, or	Item 20 summarizes the recent history of the
shrinking?	number of company-owned and franchised
	outlets.
Will my business be the only Iron Tribe	Item 12 and the "territory" provisions in the
business in my area?	franchise agreement describe whether the
	franchisor and other franchisees can
	compete with you.
Does the franchise have a troubled legal	Items 3 and 4 tell you whether the franchisor
history?	or its management have been involved in
	material litigation or bankruptcy
	proceedings.
What's it like to be an Iron Tribe	Item 20 or Exhibit C lists current and former
franchisee?	franchisees. You can contact them to ask
What also should thursen	about their experiences.
What else should I know?	These questions are only a few things you should look for. Review all 23 Items and all
	Exhibits in this disclosure document to
	better understand this franchise opportunity.
	See the table of contents.

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