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**FRANCHISE DISCLOSURE DOCUMENT**  
POWER TRAIN PROPERTIES, LLC  
a Pennsylvania Limited Liability Company  
36 Kreider Lane | Manheim, PA 17545 | 844-442-8348  
[www.powertrainsports.com](http://www.powertrainsports.com)  
[www.powertrainfitnesscenter.com](http://www.powertrainfitnesscenter.com)

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DEPARTMENT OF  
BUSINESS OVERSIGHT  
SAN FRANCISCO

We sell franchises for POWER TRAIN™ centers. POWER TRAIN centers are sports performance and small group fitness centers requiring between 1,600 and 9,000 square feet, and offering fitness and sports performance programming in small group instruction formats. The POWER TRAIN franchises that we offer are POWER TRAIN SPORTS™, a sports performance training center, POWER TRAIN FITNESS™, a group-based fitness center, and POWER TRAIN SPORTS & FITNESS™, which is a combination of both franchise offerings.

The total investment necessary to begin operation of a POWER TRAIN SPORTS™ franchise is between \$156,350 and \$485,700. This includes a \$78,000 to \$316,500 that must be paid to the Franchisor or its affiliate, depending on the franchise concept you choose.

The total investment necessary to begin operation of a POWER TRAIN FITNESS franchise is between \$228,350 and \$433,200. This includes a \$25,000 initial franchise fee that must be paid to the franchisor.

The total investment necessary to begin operation of a POWER TRAIN SPORTS & FITNESS franchise is between \$289,350 and \$504,200. This includes a \$25,000 initial franchise fee that must be paid to the franchisor.

This Disclosure Document summarizes certain provisions of your franchise agreement and other information in plain English. Read this Disclosure Document and all accompanying agreements carefully. You must receive this Disclosure Document at least 14 calendar days before you sign a binding agreement with, or make any payment to, us or an affiliate in connection with the proposed franchise sale. **Note, however, that no government agency has verified the information contained in this document.**

You may wish to receive your Disclosure Document in another format that is more convenient for you. To discuss the availability of disclosures in different formats, contact your POWER TRAIN Franchise Sales Representative at 36 Kreider Lane, Manheim, PA 17545 or 844-442-8348.

The terms of your contract will govern your franchise relationship. Don't rely on the Disclosure Document alone to understand your contract. Read your entire contract carefully. Show your contract and this Disclosure Document to an advisor, like a lawyer or an accountant.

Buying a franchise is a complex investment. The information in this Disclosure Document can help you make up your mind. More information on franchising, such as "A Consumer's Guide to Buying a Franchise," which can help you understand how to use this Disclosure Document, is available from the

**Federal Trade Commission** You can contact the FTC at 1-877-FTC-HELP or by writing to the FTC at 600 Pennsylvania Avenue, NW, Washington, DC 20580 You can also visit the FTC's home page at [www.ftc.gov](http://www.ftc.gov) for additional information Call your state agency or visit your public library for other sources of information on franchising

There may also be laws on franchising in your state Ask your state agencies about them

**Issuance Date** March 19, 2014

## STATE COVER PAGE

Your state may have a franchise law that requires a franchisor to register or file with a state franchise administrator before offering or selling in your state. **REGISTRATION OF A FRANCHISE BY A STATE DOES NOT MEAN THAT THE STATE RECOMMENDS THE FRANCHISE OR HAS VERIFIED THE INFORMATION IN THIS DISCLOSURE DOCUMENT.**

Call the state franchise administrator listed in Exhibit A for information about the franchisor, about other franchisors, or about franchising in your state.

**MANY FRANCHISE AGREEMENTS DO NOT ALLOW YOU TO RENEW UNCONDITIONALLY AFTER THE INITIAL TERM EXPIRES. YOU MAY HAVE TO SIGN A NEW AGREEMENT WITH DIFFERENT TERMS AND CONDITIONS IN ORDER TO CONTINUE TO OPERATE YOUR BUSINESS. BEFORE YOU BUY, CONSIDER WHAT RIGHTS YOU HAVE TO RENEW YOUR FRANCHISE, IF ANY, AND WHAT TERMS YOU MIGHT HAVE TO ACCEPT IN ORDER TO RENEW.**

Please consider the following RISK FACTORS before you buy this franchise:

1. THE FRANCHISE AGREEMENT AND AREA DEVELOPMENT AGREEMENT REQUIRE YOU TO RESOLVE DISPUTES WITH US BY BINDING ARBITRATION IN PENNSYLVANIA. OUT-OF-STATE ARBITRATION MAY FORCE YOU TO ACCEPT A LESS FAVORABLE SETTLEMENT FOR DISPUTES. IT MAY ALSO COST YOU MORE TO ARBITRATE WITH US IN PENNSYLVANIA THAN IN YOUR OWN STATE.
2. THE FRANCHISE AGREEMENT AND AREA DEVELOPMENT AGREEMENT STATE THAT PENNSYLVANIA LAW GOVERNS THE AGREEMENTS, AND THIS LAW MAY NOT PROVIDE THE SAME PROTECTIONS AND BENEFITS AS LOCAL LAW. YOU MAY WANT TO COMPARE THESE LAWS.
3. THERE MAY BE OTHER RISKS CONCERNING THIS FRANCHISE.
4. POWER TRAIN PROPERTIES, LLC, IS A DEVELOPMENT STAGE COMPANY THAT WAS FORMED ON FEBRUARY 6, 2014. DEPENDING UPON THE FRANCHISE CONCEPT YOU CHOOSE, YOUR INITIAL INVESTMENT COULD EXCEED THE AMOUNT OF FRANCHISOR'S EQUITY IN THE COMPANY.

**We use the services of one or more franchise brokers or referral sources to assist us in selling our franchise. A franchise broker or referral source represents us, not you. We pay this person a fee for selling our franchise or referring you to us. You should make sure to do your own investigation of the franchise.**

Effective Date: See the next page for state effective dates.

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